

chill. write



About

Storytelling is at the heart of all human connection, and at Code Blue whether it is Chill Foundation, Chill Plus or one of our other programs, we are always scaffolding and supporting our Chillies to tell their story or recount an experience so that their voice is heard. Writing allows us to express ourselves, our thoughts, experiences, ideas and feelings and this medium is a fantastic vehicle for our young adults to express themselves.

Creative writing is known to enhance our ability to change our patterns of thinking (when we need to). Young adults on the spectrum view the world differently and through creative writing can express how they experience life, a gift for all of us! You do not need to have a creative writing background or even any writing skill as such, just a desire to use your imagination and be heard.

Program features

- Self-expression
- Tell your story | anecdotes
- Poetry | rap | free flow
- Individual project-based
- Imagination into words
- Characterisation
- Themes | plots

Benefits

- Growth in self-confidence
- Improved self-awareness
- Increased ability to change direction in thinking
- Flexible thinking, planning & implementing tasks
- Improved memory
- Heightened sense of belonging
- Improves cognitive functioning
- Authentic sense of achievement and pride
- Increased social connections and friendships
- Transference of social skills

Dates 2024

Term 1

22 January - 28 March

Term 2

15 April - 21 June

Term 3

8 July - 13 September

Term 4

30 September - 6 December

Session times

2.5 hour workshop | once a week
for 10 weeks

Mondays

10:00am - 12:30pm

Venue

Chill Studios
29 Rogers Street
West End, QLD, 4101

Fee

\$2,280 per term

Enrol online



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