

MATTY C.



PLATFORMS

## Author comments

I was inspired to write this song regarding social media by the profound affect it has had on our lives. While ok in moderation, it is very easy to become addicted. With this becomes less than great effects on our mental health, of which I take seriously. This is my first original song I have written, and I hope people both enjoy it as well as serving food for thought.

# PLATFORMS

I'm your average guy  
Connected on the fly  
I seek to understand  
Platforms that rule this land

So connected  
So affected  
Are we addicted  
Are we inflicted

Cool is found from tik tok shorts  
Love is found from Tinder swipes  
Respect is found from Facebook comments  
Beauty is found from Insta pics

It's on the surface  
Vain purpose  
Media giants  
There's reliance  
Fake news  
Get used  
Click bait  
Don't wait

Think it's all harmless?  
It'll affect you regardless

It'll take  
Your data  
Your sleep  
Your moods  
Your time  
Your very worth

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So affected  
Are we addicted  
Are we inflicted

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Vain purpose  
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Cool is what you make it  
Love can be found anywhere  
Respect is valuing others  
Beauty is in the beholder

It's up to us  
To see through  
See what's true  
Show them we have a clue