

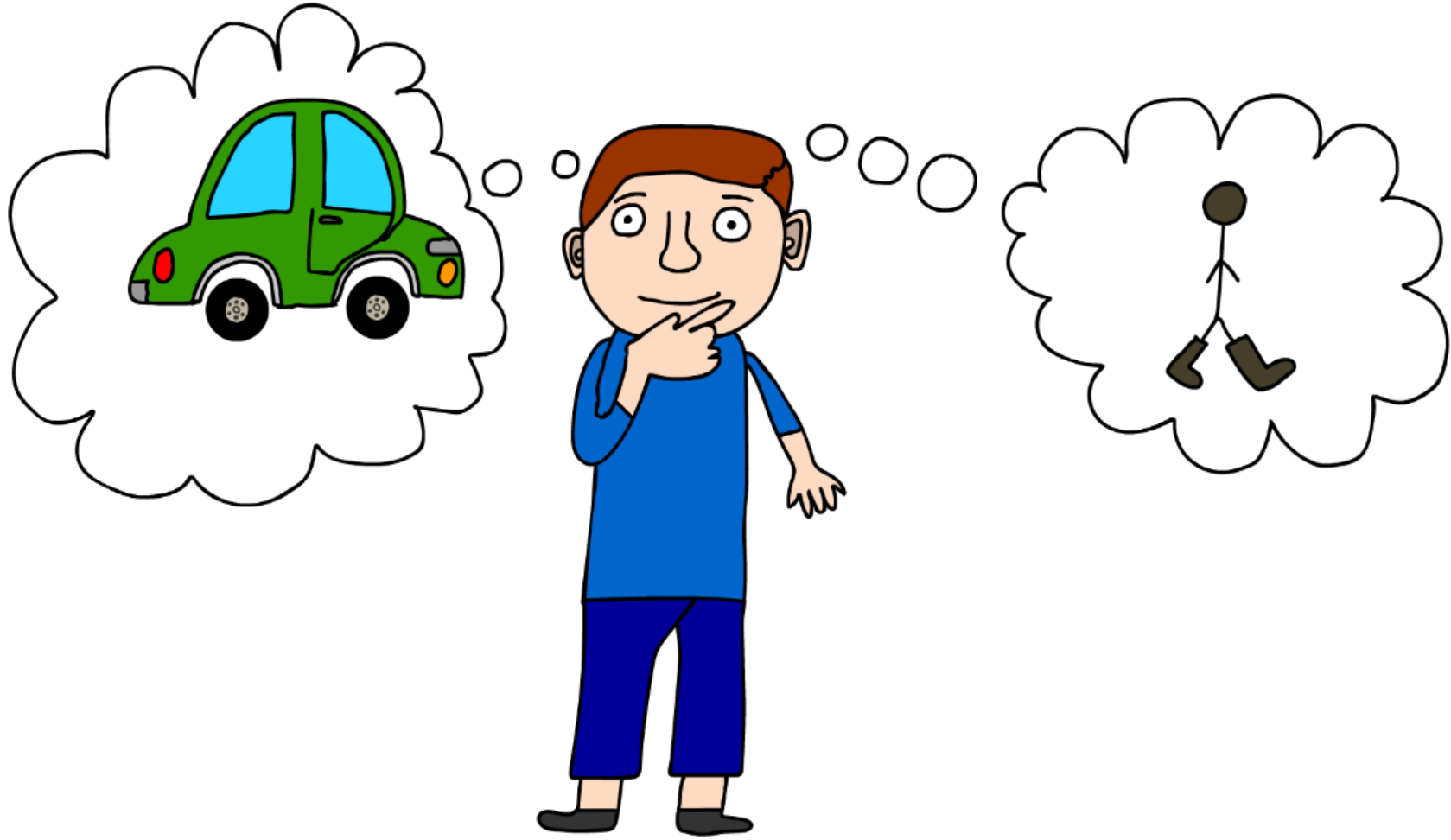
There are many different ways you can travel to places.

But if it's not far, why not walk?

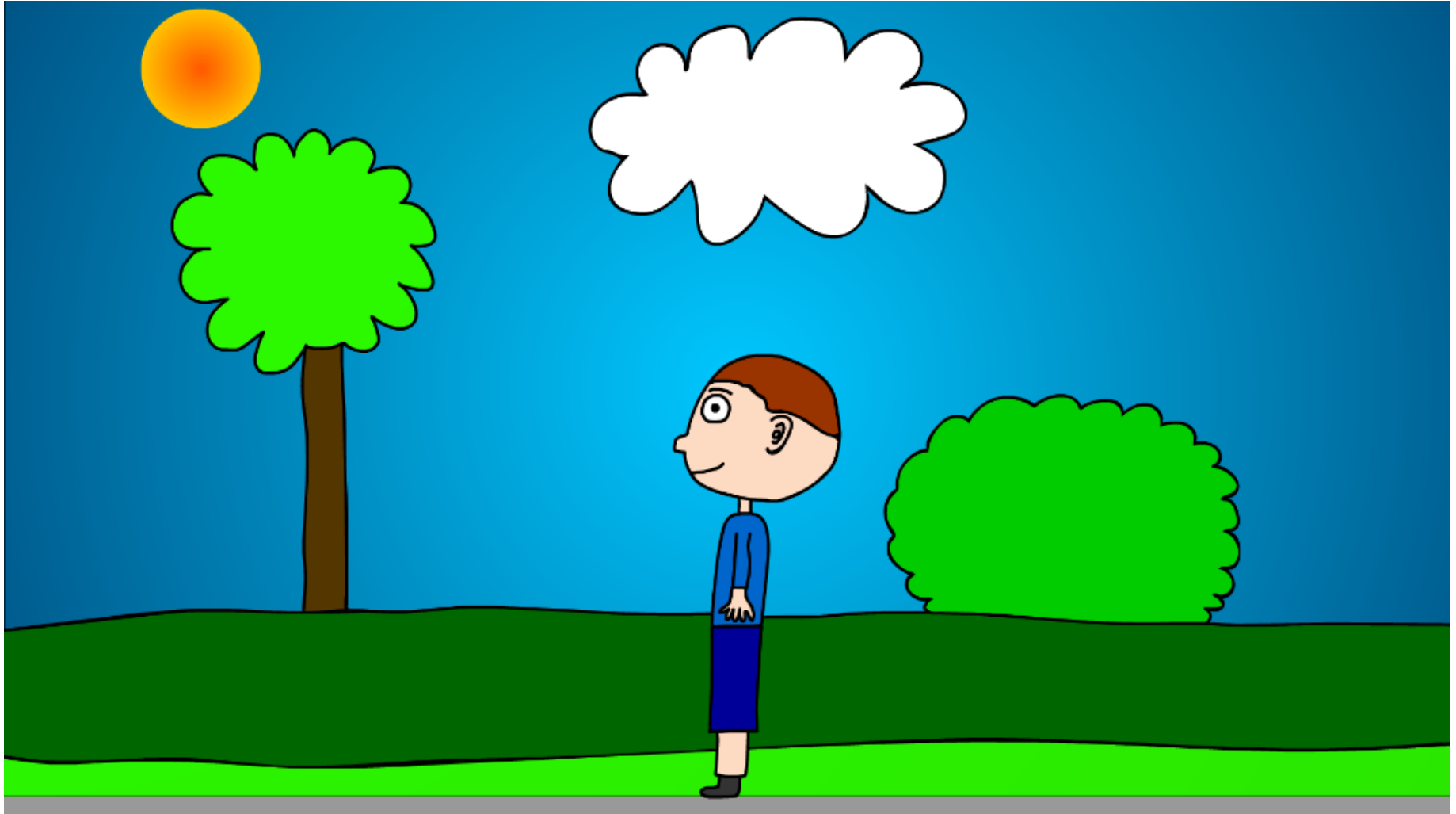


Cars may get you there fast, but cause a lot of pollution.

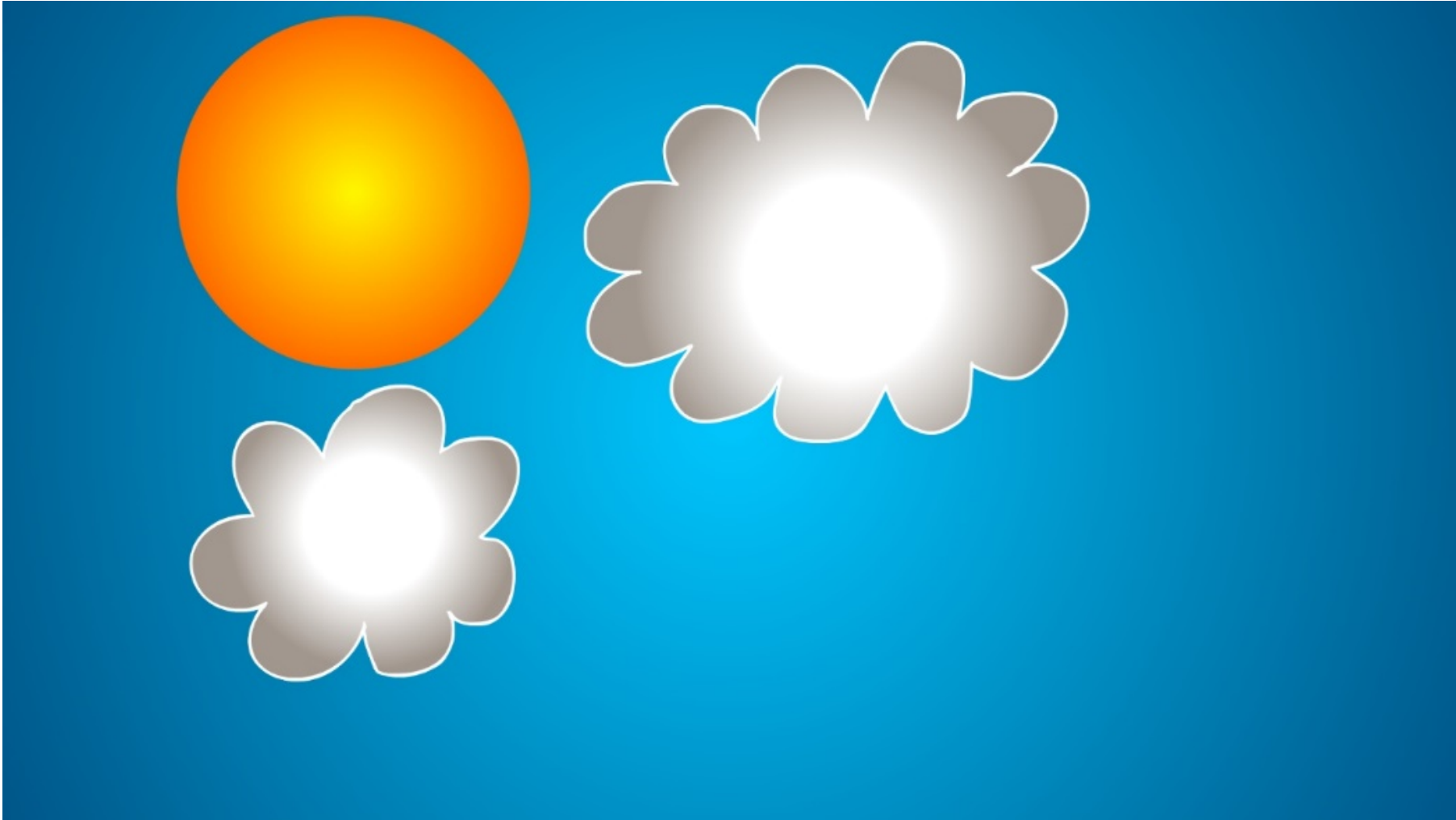
Why not walk there? It's a better solution.



**One day I left home to find a bush and a tree,
I left home to see the world, just wait and you'll see.**

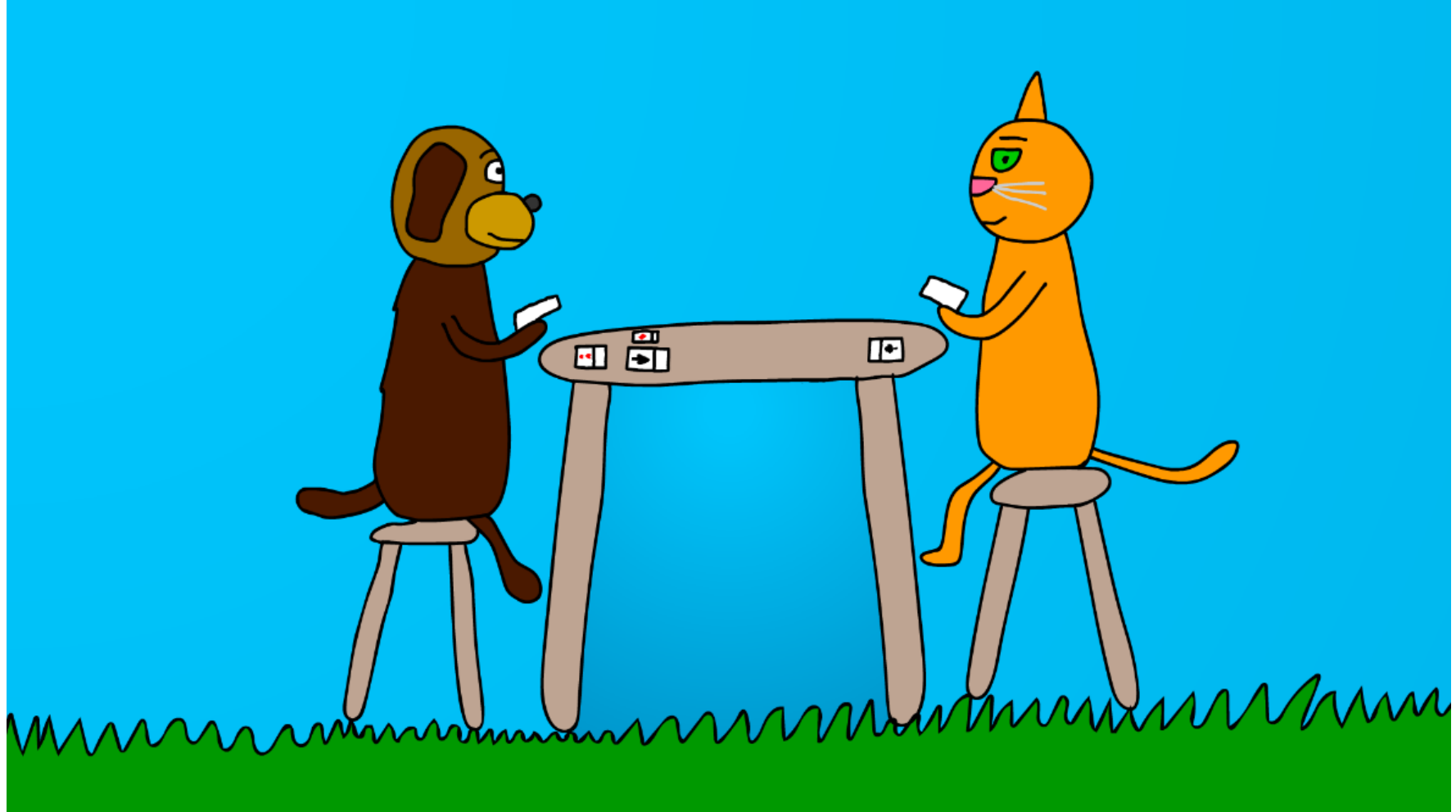


**I started on the footpath to look at the sky,
where I saw the sun and the clouds flying by.**



**I saw the sights of my neighbourhood,
I thought to myself, "this is going to be good".**

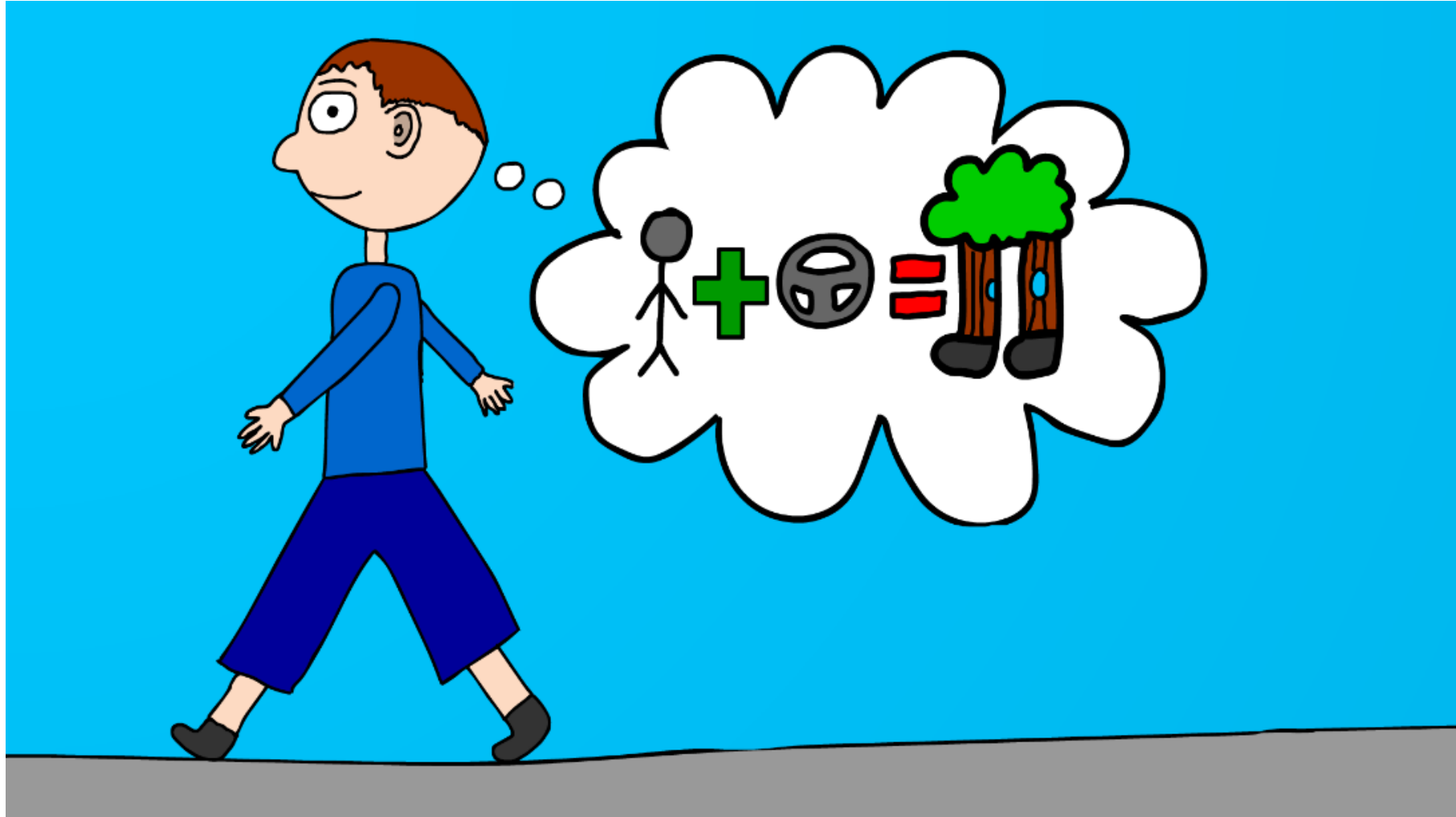
**I saw a cat and a dog sitting together in their yards.
Playing go fish with a set of playing cards.**



**I felt the fresh air rush over my skin.
So many benefits, where to begin.**

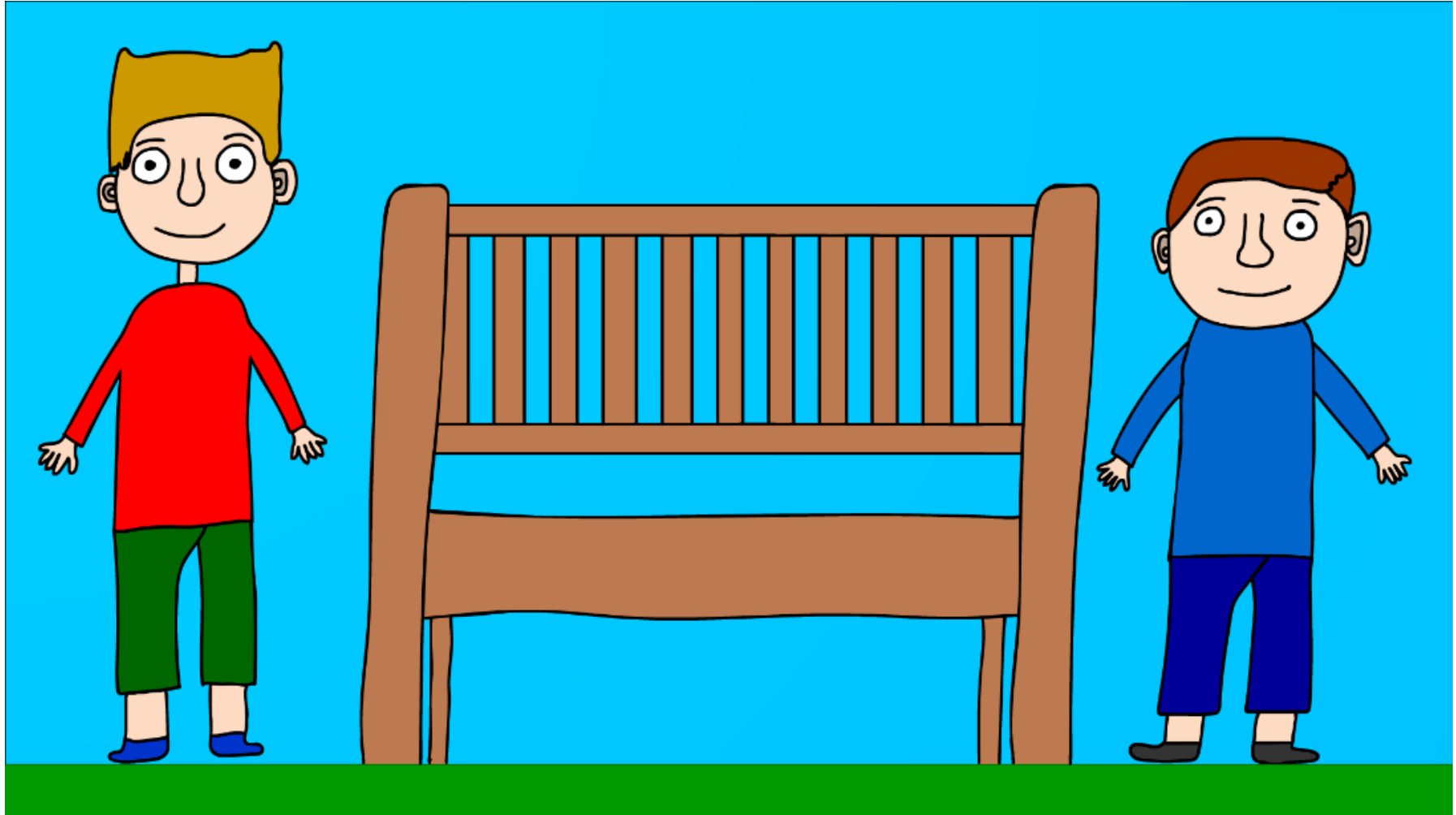
**My legs found a rhythm, my body felt alive.
I would never feel this good if I decided to drive!**

**My mind was free, I now understood.
That driving made my legs as stiff as wood.**

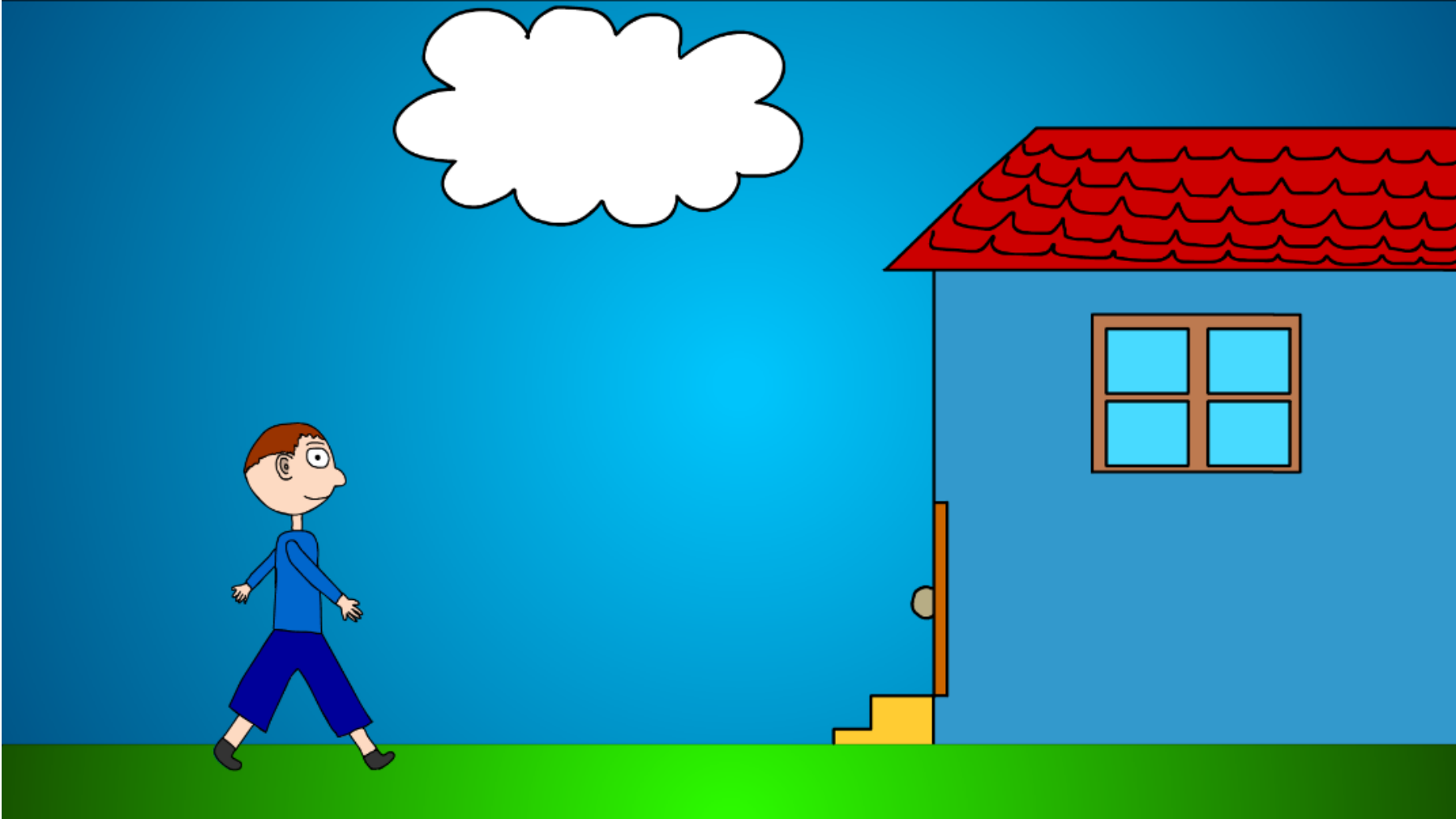


**When walking I bump into people that I remember.
It helps me feel like a good community member.**

**This wouldn't happen if I drove in my car,
I'd be alone, no-one near or far.**

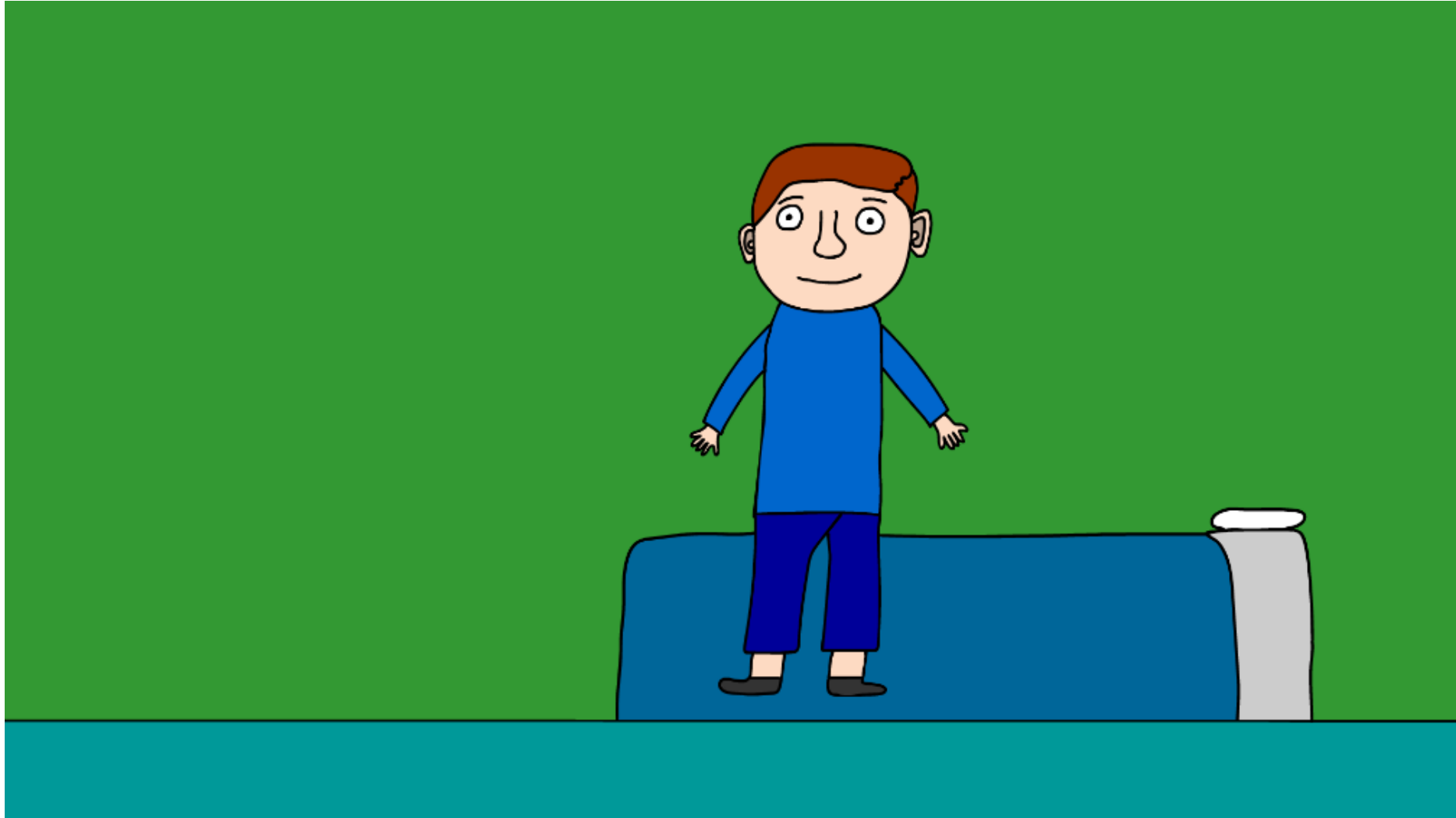


**On the way back, in the distance, I can see home,
oh what a fun time I have when I sing and roam!**



**While driving gets you there,
Walking gets you off the chair.**

**I feel relaxed, I love to walk here, and I love to walk there.
Now I know, you can walk anywhere.**



The End... time to go for a walk!