



art

chill.

for young adults on
the autism spectrum

How it works

Facilitated by a visual arts coach and supported by peer mentors, these interactive workshops use creative mediums such as painting, illustration, printmaking and collage to assist participants with abstract thinking, sensory regulation, self expression, social communication and fine motor skills.

Each workshop explores specific art elements and principles that are aligned with each participant's goals in social communication and life skills. Just like all of the Chill programs, Chill Art will provide an inclusive, supportive and creative environment for each young adult.

Chill Art is a social skills coaching program for young adults 18 plus on the autism spectrum that uses the medium of visual art as its learning platform. Chill Art is a ten-week program, with one 2.5 hour workshop per week for ten weeks.

Pre-requisite

A pre-requisite to Chill Art is being enrolled in, or completion of the Chill Foundation program.

The benefits

- Establishing and developing new friendships
- Feeling less socially isolated
- Increased self-insight
- Improved self-esteem
- Improved social communication
- Improved fine motor skills
- Task perseverance while working independently
- Sensory integration
- Problem solving
- Learning through observing
- Appreciation of difference
- Fun!

The details

Dates 2022

Term 1

24 January – 1 April

Term 2

18 April – 24 June

Term 3

11 July – 16 September

Term 4

3 October – 9 December

Times

Tuesdays

10:00am – 12:30pm

or

2:00pm – 4:30pm

Venue

Chill Studio

29 Rogers Street
West End Q 4101

Cost

\$1,800.00 per term

To enrol

Inclusions Visual arts coach | Chill supervisor | Peer mentor support | All equipment | All materials

☎ 07 3154 2300

f /codeblueforautism

✉ admin@codeblueforautism.com.au

🖱 codeblueforautism.com.au



Registered NDIS Provider

CODEBLUE
FOR AUTISM